7



Beacons stargazers are able to see the Milky Way, as well as numerous major constellations, bright nebulae and even meteor showers? In fact, the Brecon Beacons has some of the highest quality dark skies in the whole of the UK – making it the perfect destination to visit to get a better view of the night sky.

The award of INTERNATIONAL DARK SKIES reserve has identified Llangorse Lake as one of the top ten places to



Local taste

The Welsh Venison Centre is situated in the heart of the Brecon Beacons National Park. Nestled in this beautiful landscape is a family run business, established in 1985.



Welsh Venison Centre

It supplies the very highest quality and award winning venison, beef, pork and lamb both locally and nationwide. Very proud winners 2 years running for Gold, Silver and Bronze in the Wales True Taste Awards.

Whether you are looking for the finest cut of meat, visiting the local bird hide or hiking up the Allt, why not make use of the farm shop car park and then finish off with a well deserved tea, coffee or delicious slice of cake.

> The farm shop offers a warm and friendly welcome from staff, who are Brecon Beacons National Park Ambassadors and have extensive knowledge of both the produce and local area for their customers.

Bwlch has one pub, The New Inn which is a perfect start for the Bwlch - Llangorse Circular Walk or a halfway stop along the route.

The Gate shop in Bwlch is open seven days a week, selling a good range of food and drink, sandwiches, newspapers and has a post office. Do try their locally baked bread and free range eggs.

Looking for a pub lunch or evening meal, Llangorse is blessed with two pubs, The Castle and Red Lion, plus two micro-breweries; Redstone and Llangorse. If you can't make up your mind which one to go to, then simply take a gentle walk to both!

Lakeside bar is open to all, as is the lakeside café ideally located on Llangorse common.

Or call in at Llangorse Multi Activity Centre to their 'Base Camp' Café serving a variety of meals and a delicious range of locally-made cakes with stunning views overlooking the Lake and Brecon Beacons beyond. It makes a perfect base for exploring and has ample on-site parking.

Further around the lake in the village of Llanfihangel Talyllyn is The



Llangorse Lake is a glacial lake formed thousands of years ago when moving ice pushed and scraped its way along, shaping the landscape that we see today. On its journey it collected piles of debris (mud, rocks, wood and stones) which were deposited to the front and side of the glacial movement.

When the ice finally melted this debris was left to form mounds known as moraines. Llangorse Lake owes its existence to the moraine deposits left in the area between Llanfihangel Talyllyn and Talgarth. At one time it was some 150 feet (45 meters) higher with two overflows into the Usk River at Bwlch and Pennorth.

The entire lake's surface and the adjoining common is Registered Common Land giving local people ancient rights to graze their livestock upon it.

Bwlch is home to three circular walks, one being Bwlch with Altitude which is featured on the map. Bwlch with Fortitude which leads to Tretower Court & Castle and Bwlch with Magnitude, taking you on a magnificent ascent of Tor -Y-Foel. All have their own dedicated maps





www.aroundllangorselake.co.uk







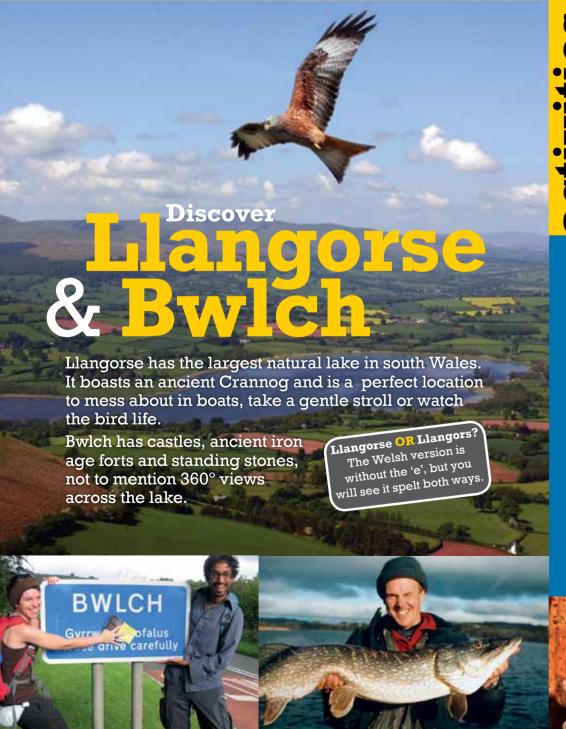














Get up, get out!

Black Cock Inn

The lake offers the opportunity to hire rowing and fishing boats, canoes, kayaks, pedaloes and sailing dinghies. Get out onto the water and enjoy the views of the mountains from the lake. Fishing in the lake can only be done from a boat.

The multi-award-winning Llangorse Multi Activity Centre offers a range of exciting fully-instructed indoor and outdoor activities, including the largest rock-climbing centre in Wales, 'Sky Trek' outdoor zip line tours and two outdoor challenge courses - all with spectacular views of the Lake. Their BHSapproved riding centre offers trekking, riding and hacking for all ages. Friendly, experienced and knowledgeable instructors guide you through 25 miles of stunning private bridleways all within their own land. They cater for everyone - individuals, families and groups, whether experienced or novice, young or old. Visit for a half day, full day, or longer. The centre is AALA licensed and open every day until 10pm (5pm Sunday), all year

Ellesmere Riding Centre is a small friendly riding centre on the edge of Llangorse Common, next to the lake, offering trekking for novices and families and faster hacking for experienced riders. Experienced ride escorts with local knowledge point out fascinating features and wildlife en route. Half-day rides follow a spectacular circular route offering views over Llangorse Lake, whilst full-day rides travel through the western parts of the Black Mountains, lunching at a village pub or cafe. Ellesmere also specialises in 2-5 day long distance trail rides. Ride one of the fit, well schooled pure bred Welsh and Irish cobs. Hand picked accommodation along the route, a fantastic holiday adventure.



History Crannog

The Gate Shop dates back to the 1700's

when it was a toll house. Anyone wanting to pass through the gap (Bwlch) in the

mountains had to pay a toll.

Crannogs are artificial islands built of timber and stones on which some form of settlement usually stood. Crannogs are more common to Ireland and Scotland, where they occur from prehistory through to the medieval period. Llangorse Lake Crannog is the only known example of a Crannog in Wales, and the only known example in the world outside Scotland or Ireland!

The Crannog dates back at least as far as the late 9th or early 10th Century. It was excavated in the late 1980s and early 1990s, with some spectacular finds, including a fragment of fine linen decorated with pictures of animals and plants (to have textiles dating back to the 10th Century is very rare and exciting!). Its careful construction and spectacular finds suggest that this was a high status site, and one interpretation of this evidence is that the Crannog may have been home to the early medieval Kings of Brycheiniog.

Paragon Tower

Treberfydd House

has been the film location for several

Dr. Who series.

A Victorian built folly or hunting lodge, Paragon tower is a romantic ruin which sits amidst woodland. This round structure has four rooms, each of which has a fireplace linking into th central chimney. It is said that the Ladies of local estates would wait in the tower whilst the Lords were out hunting, and the tower's location provided a fantastic view of the land and the hunting below.

Allt yr Esgair Iron Age Fort

This Iron Age fort lies atop a hill above Llangorse Lake. The fort was constructed sometime between 800BC and the arrival of the Romans in the area in the AD70s and occupied throughout the Iron Age period and perhaps even beyond. It is likely that this large hillfort was an important regional centre for the Iron Age people who lived here. The large earthen ramparts are still visible today even after all these years, and the views from this vantage point are breathtaking.

Blaenllynfi Castle

Although not much survives of Blaenllynfi castle today, this 13th Century castle was once a defensive stronghold with up to 5 towers.
Sections of its defensive walls that still remain are 2m thick! In its heyday in the 1200s the castle would have been a busy and influential centre for the local area, and was forcibly taken and changed hands many times during its history.



All around us

For some birds Llangorse Lake can be the equivalent to a service station stop on a motorway. Migrating birds can re-fuel, and rest their tired wings before continuing along their journey.

Some birds stay all year such as Canada Geese and Grey Herons.

A new bird hide has been constructed on the side of the lake made from traditional materials and featuring a roof thatched with water reed from Wales. Why not take a walk over to the bird hide to look out for some of the birds.



Llangorse Lake and its reedy shores and shallows are an excellent habitat for the dragonfly. A number of species have been recorded including the Golden Ringed

www.aroundllangorselake.co.uk

Bwlch → Llangorse circular walk

Length of Walk: 12.04 miles (19.26km) Length if following alternative route: 13.24 miles (21.18km)

Turn left by the side of the Star Bunkhouse, go through kissing gate to reach Penuel Baptist Chapel. Walk around the left end of the chapel, go through kissing gate and continue forward. Turn right along a road leading to a white cottage. Go through a gate above it, follow beside stone wall to join ridge above. A well defined track follows the fence and wall along the ridge of Mynydd Llangorse.

After about 2.5 miles, bear left on a path heading for a white 'trig point' marking the summit of Mynydd Llangorse (508m). On reaching the end of the ridge follow the path as it descends.

Turn left down a tarmac road, and follow all the way down to Llangorse village.

After visiting Llangorse Church, and signing the visitors book, cross the road and opposite the 'Old School' go through a gate between a house and a stone wall. Cross a stile and follow the path through fields, via two gates to reach a footbridge spanning a stream. Go straight across next field to reach a stile. Walking in a westerly direction, cross the common to reach a

footbridge spanning the River Llynfi. If the field is not flooded

go diagonally left and make

for the kissing gate. Cross the next field passing to the left of two pollarded oaks to reach a gated footbridge spanning a stream. If the field is flooded see alternative route below.

Bear slightly left through the next field to reach a board walk and a gate. At a track junction keep straight on. The building directly above is Tŷ Mawr Farmhouse. The path leads on via more kissing gates to reach Llangasty Nature Reserve where a path to the left leads down to a bird hide on the edge of the lake. Continue the bar gate on the right and then beside a fence; along a board walk and through more kissing gates to turn right up a lane leading to Llangasty Church.

After visiting the Church walk up the road to reach a junction and turn right, to follow the road for about quarter of a mile. Turn left by a Bridleway fingerpost directing the way to Allt yr Esgair. Go through a gate and leads up to the start of the ridge and turn left at a track junction.

On reaching the second of the three hunting gates, go right to follow an alternative track (less nuddy), ascending parallel to the main one which is used by pony trekkers. It follows the crest of the ridge to reach the

summit of Allt yr Esgair where you can enjoy a fine view

this route description,

you will have to start

from Bwlch, but you can start and finish from anywhere on the map.

Follow the path down to a gate and then on down between hedges to eventually emerge onto a road. Turn right and Turn left and follow the road with care to join a pavement which leads up through Bwlch

Alternative route if

After periods of heavy rain the path passing through fields next to the lake may be flooded. It is necessary to take the following route, which involves a road walk of 4 miles. Walk up the road leading to Llangorse village and turn left at the T inction (signposted Brecon). y-Llyn take the third turning on the left (signposted Tal y Llyn). turn left at Pennorth and then left again, following the road to join the main route at Llangasty Village hall (on the right)

> 60MPH ON MANY LANES **PLEASE TAKE** EXTRA CARE!



Lake Trail

A shorter Lake Trail runs around the western





end of the lake from Llangorse to Llangasty. It is waymarked by greenringed posts and information boards are provided at various points along the way. The walk is about 3.5km (2 miles). It is mostly flat and is stile-free. You should allow about 50 minutes each way. The paths cross farmland where sheep and cattle graze. Please keep dogs under control. Sections of the path flood during the winter and after periods of heavy rain. It is not possible to walk around the eastern end of the lake. Be sure to stop by the spectacular Bird Hide!



ALTERNATIV ROUTE IF PAT FLOODED AROUND LAKE Oakfield → KEY A40 TO BRECON . Crannog Centre 2. Bird Hide 3. Paragon Tower 4. Blaenllynfi Castle **ACTIVITIES**

. Llangorse Multi Activity Centre

indoor climbing, horse riding,

2. Llangorse Lake - Boat Hire,

Jetties, cafe & more

SHOPS

. Gate shop

. Lakeside shop

2. St. Michael's

3. Pennorth chapel 4. St. Gastyns church

5 All Saints Church 6. Cathedine

8. Ellesmere Riding Centre

outdoor activities, cafe & more

. Welsh Venison Centre & Farm Shop

Sandwiches, hot drinks available

→ ROUTE KEY

Circular walk (see description)

Path may become flooded

t Lake trail (no cycles)

Information boards

Parking

Graiglas House

Alternative routes

Tea, coffee, cakes available

2 Llanfihangel

Tal-y-llyn

Pistyll Wood

FB Llanfihangel Tal-y-llyn Commol Slipway Mynydd Llangors Lake / Llagorse Llyn Syfaddan TRIG POINT fawn Twmpa Cairr Cathedine Cathedine Neuadd Farm **POINTS OF INTEREST** Cathedine Treholford Cottage

Trebinshwn

Cottage

Farm

Cottage

Glanpa

Trebinshwn

A40

P. 207

TO TALGARTH & HAY ON WYE

B4560

LLANGORSE

Pendre

One kilometre

Nant-y-felin-

Penllyn

Old Rectory

Heol-las

B4560

Enstell Blaenllynti

Castle

Wood

BWLCH

Moel

-las

Quarry

A40

TO ABERGAVENNY

ALTERNATIVE

STARTING POIN

WITH PARKING

ROMAN ROAD

Llanbeilin

Activities

Llangorse Multi Activity Centre Tel: 0333 600 20 20 www.activityuk.com **Ellesmere Riding Centre**

Tel: 01874 658252 www.ellesmereridingcentre.co.uk Llangorse Lake Boat hire Tel: 01874 658226

www.llangorselake.co.uk Llangorse Sailing Club www.llangorsesailing.com Llangorse Water Ski Club

Tel: 01874 658 226 Ty Mawr Heritage Skills & Tel: 01874 611350

Attractions

The Crannog Tel: 01874 658 226 www.llangorselake.co.uk/crannog www.breconbeacons.org/visit-us/

llangasty-birdhide Treberfydd House Tel: 01874 730205 www.treberfydd.com

Paragon (derelict Hunting Lodge The Allt -Prehistoric Hill fort Blaenllynfi Castle

Churches & chapels

All Saints Church St Paulinus Church

St Gastyns Church

St Mary's Church, Llanywern St Micheal & All Angels Church, Llanfihangel Talyllyn Pennorth URC Chapel

Eat/drink out

Red Lion pub Tel: 01874 658825 www.redlionllangorse.co.uk Tel: 01874 658819 www.facebook.com/castle.llangorse

Base Camp Cafe at Llangorse Multi Activity Centre Tel: 0333 600 20 20 web: www.activityuk.com Lakeside Bar Tel: 01874 658226

www.llangorselake.co.uk Tel: 01874 658170 www.llangorselake.co.uk Black Cock Inn Tel: 01874 658697

The New Inn Tel: 01874 730 215 www.beaconsbackpackers.co.uk Llangorse Brewery www.llangorsebrewery.co.uk

Tel: 07581 878 604 www.redstone-brewery.com

Shop

Tel: 01874 658226 www.llangorselake.co.uk Welsh Venison Centre & Tel: 01874 730929 www.beaconsfarmshop.co.uk The Gate Shop & Post office Tel: 01874 730492

Camping

Lakeside Caravan & Camping Tel: 01874 658226 www.llangorselake.co.uk

B&B

Pen-y-Bryn House 01874 658606 www.stayinllangorse.com

Self-catering

Aubreys, Llangorse Tel: 01874 658154 www.aubreysllangorse.com Ty Gwydr (Glass House),

www.stayinthepark.com Min y Llyn, Llangorse Tel: 01874 658100

www.llangorsecottage.co.uk Ty Mawr Coach House, Llangorse Tel: 01874 676446

www.breconcottages.com Tower House, Cathedine Tel: 01874 676446 www.breconcottages.com

Old Coach House, Cathedine Tel: 01874 676446

Tel: 01874 731105/ 07891 645477 www.winnieshayloft.co.uk Tel: 01874 676446 www.breconcottages.com Brynderwen, Talyllyn Tel: 01874 658898

Glaslyn, Pennorth Tel: 01874 676446 www.breconcottages.com Ty Bryn, Llanwern Tel: 01874 676446

www.brynderwen.uk.com

www.breconcottages.com Group accommodation Tel: 01874 730276

Beacons Backpackers Tel: 01874 730 215 www.beaconsbackpackers.co.uk

Non-graded accommodation

Gilfach Bunkhouse Ty Mawr camping Treberfydd House Group Accommodation Gilfach Camping Llynfi Holiday Park

Other

Llangorse Community Council www.llangors.org.uk Llangorse Youth & Community Centre Tel: 01874 658645 www.llangorshall.co.uk Llangasty Village Hall Tel: 01874 658 726 www.llangastyvillagehall.co.uk **Beacons Nursery** Tel: 01874 730 169 Llanfihangel & Llanywern Community Hall www.llangorse.org.uk Llangasty Retreat House Tel: 01874 658250

Wedding & celebration venues

web: www.llangasty.com

Treberfydd House Tel: 01874 730205 www.treberfydd.com The Crannog Tel: 01874 658226 www.llangorselake.co.uk **Buckland Hall**

PUB/CAFE 2. Base Camp Cafe - Llangorse Multi **Activity Centre** 3. Castle Inn 4. Red Lion 5. Lakeside Cafe 6. Black Cock YILLAGE HALLS 1. Llangorse 2. Lanfihangel Talyllyn 3. Llangasty Cui-Par 4. Bwlch CHURCHES/CHAPEL 1. St. Paulinus church

